

What Should I Expect From A Riding Lesson?

At a Havendell Farm riding lesson, a student should expect to arrive a little early and start and end on time. Early arrival allows the student to select and change into boots, helmets, and riding clothing.

If you plan to groom and saddle your lesson horse, allow time for that as well! If a lesson is scheduled to begin at 4:00pm and you arrive at 4:00pm, expect grooming and saddling to take up ten to fifteen minutes of your lesson time.

Each lesson begins with a short “warm-up” period to prepare the muscles of both horse and rider for the work. Each session has both a review of previous lesson material and practicing of new skills. A “cool down” period ends the riding portion of the session. Removing the saddle and bridle and grooming ends the lesson period.